

1) Use an origami paper strip, or a strip of colored paper 11 inches long by ½ inch wide. Write your dream on the strip, along with your first name and age. Start making your Dream Star by loosely tying the strip into a knot close to one end.



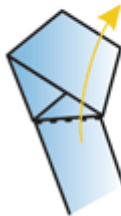
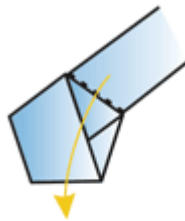
2) Pull on both ends of the strip so that the edges of the strip come together to form a pentagon. Flatten it. The pentagon will have a long tail and a short tail. Fold the shorter end against the pentagon and tuck it into the "pocket."



3) Turn the pentagon around. Fold the longer end along the pentagon so that the edges meet. Maintain the pentagon shape.



4) Turn. Fold again. Make sure you fold along the edge to retain the shape of the pentagon. Continue folding (don't make the folds too sharp) until you have folded most of the strip and you are left with a short end.



5) Fold the short end against the pentagon and tuck it into the "pocket" (if the tail is too long, just fold over a bit of the end to make a shorter tail that fits neatly and securely into the pocket).



6) Hold the flat star between the forefinger and thumb of one hand. With a thumbnail from your other hand, gently make a dent into one side of the pentagon to begin to puff out your star. Rotate the star so that you puff out all five sides.



7) Your Dream Star is finished!

